

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- take part in outdoor and adventurous activity challenges both individually and within a team.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Work as a team to complete a task
- Work in small groups to develop problem-solving skills
- Solve a range of problems when working with others
- Communicate effectively when working with others
- Give, and follow, a set of clear directions
- Follow simple maps
- Understand the skills of map orientation
- Orientate a map to find objects around school
- Know and understand a range of map symbols
- Use orienteering symbols to locate objects around the school

PE



OAA

Year 3

Unit Outcome

To create a map and orientate themselves around the school, using a key and map symbols.

Curriculum Progression

Children will be taught to:

- Follow instructions from a peer and give simple instructions.
- Work collaboratively with a partner and a small group, listening to and accepting others' ideas.
- Plan and attempt to apply strategies to solve problems.
- Orientate and follow a diagram / map.
- Reflect on when and why challenges are solved successfully and use others' success to help them to improve.

The above skills will be developed using a variety of orienteering and team building activities. All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Vocabulary

Communication	Map
Coordination	Position
Verbal	Orienteering
Non-verbal	Orientate
Instruction	Symbol
	Features

Resources

- Planning/overview
- Mapping sheets
- Resources as stated in individual plans
- Maps/symbol cards
- Playground