

# Sunflowers Painting

Sunflowers are a lovely summer flower. Follow these instructions to make your own sunflower painting.

## You will need:

- Paper – cartridge paper works best
- Blue watercolour paint
- Paintbrush
- Water
- Pencil
- Pastels



## Instructions

1. Turn your page so it is portrait.
2. Dip your brush in the water, then the blue paint and then the water again.
3. In sweeping strokes, paint across your page. The idea is to create a colour wash of very pale blue, not strong paint.
4. When you have covered the page, leave it to dry.
5. Once your paper has dried, draw the outline of a vase and sunflowers lightly in pencil. Use the pictures as inspiration or why not look at some on the Internet?
6. When you have completed the drawing, use pastels to colour in the picture. Pastels are good for blending colours. Don't colour in the entire area. Draw a patch of colour and then use your finger to spread the colour around. For a darker effect, lean heavily and for a lighter effect be softer. Different coloured pastels can also be blended together.