

## National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## Series of Lessons

- Develop fielding techniques (overarm / underarm)
- Develop receiving skills (high catch / mid catch / slip catch)
- Develop fielding techniques (long barrier / short barrier)
- Develop bowling technique (fast bowl)
- Develop batting techniques (vertical / horizontal batting strokes)
- To be able to demonstrate and teach a peer all of the above skills and techniques
- Develop game situation understanding (rules)
- Develop efficient use of communication with their team
- Play a competitive match

## Curriculum Progression

The children will be taught to:

- Use the cricket bat correctly and safely.
- Use sending and receiving techniques.
- Understand when to use long and short barrier in a game situation.
- To be able to bat and bowl applying the correct technique.
- To be able to communicate effectively with their team mates.
- To be able demonstrate and teach with confidence.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

PE



Cricket

Year 5

## Unit Outcome

Children will learn different fielding, bowling and batting techniques. They will know the basics of cricket and how to play a match.

Then demonstrate their understanding through the *teach, coach, do* strategy.

## Vocabulary

Batting	Tip:
Bowling	Cup, cage, cuddle
Fielding	
Wicket	
Stumps	Star shape
Body-positioning	45 degree release
Long barrier	
Short barrier	

## Resources

Stumps  
Bats  
Balls  
Cones