

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- perform dances using a range of movement patterns
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Work creatively and imaginatively collaboratively to compose motifs and structure simple dances with competence and confidence.
- Perform expressively with competence and confidence; linked dances moves performed with fluency and control.
- Organise specific activities which support dance movement patterns and communicate clearly an understanding of the impact of these activities to their health and well-being.
- Use appropriate criteria to evaluate through self and peer assessment; talk about dance with understanding, using appropriate language and terminology.

PE



Dance

Year 6

Unit Outcome

To create a dance that imitates *The Power of Water*.

Curriculum Progression

Children will remember and repeat more challenging dance phrases with improved fluency. They will collaborate with others to develop a dance sequence. Elements of pathway, gesture, height, pace, turn and direction will be included. Children will demonstrate dynamic qualities of speed, energy, continuity and rhythm. They will also use different relationships within the dance phrase using mirroring, unison, canon and complementary and contrasting movements. Dance activities will use the *'The Power of Water'* theme as their stimulus.

All children will be given the opportunity to self and peer evaluate performances, whilst developing their key vocabulary.

Vocabulary

Pathway	Gesture
Height	Contrasting
Turn	Speed
Continuity	Rhythm
Mirroring	Unison
Canon	Choreograph
Complementary	Pace

Resources

- flipchart
- Ribbons
- Various music clips (on flipchart)
- Evaluation sheet
- iPad