

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Develop sending and receiving skills (pop / spin pass)
- Build confidence in controlling the ball
- Develop evasion and tagging skills
- Develop team cohesion (attacking / defensive line)
- Increase communication between players
- Develop efficient use of communication with their team
- Introduce certain match conditions

PE



Invasion (Tag Rugby)

Year 5

Curriculum Progression

The children will be taught to:

- Hold the ball correctly (W-hold).
- Understand how run with the ball correctly with speed and control.
- Understand when to use the correct passing techniques.
- Understand how to tag safely and successfully.
- To be able to apply all of the above skills in a game situation.
- To be able demonstrate and teach with confidence.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Unit Outcome

Children will learn the basic tagging, evading and running with the ball techniques. Understanding the basics and applying it to a tag rugby match.

Then demonstrate their understanding through the *teach, coach, do* strategy.

Vocabulary

Ruby ball
Tagging
Evading
Tags
Belts
Attacking
Defending
Tri-line
Pop pass
Spin pass

Resources

Rugby Balls
Tags
Belts
Bibs
Cones