

### National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

### Series of Lessons

- Develop our techniques to throw a ball using under/over arm.
- Bowl a ball accurately from the correct distance (in rounders).
- Hit a ball using a rounders bat.
- Field a ball in rounders using 'long barrier'.
- Develop efficient use of communication skills as a team.
- Play a competitive match.

PE



Strike and Field - Rounders

Year 4

### Unit Outcome

Children will learn different fielding, bowling and batting techniques. They will know the basic rules of rounders and how to play a match, using clear and effective communication.

### Curriculum Progression

The children will be taught to:

- Throw under/over arm over varying distance and catch a ball with control and accuracy.
- Bowl a good ball from the correct bowling distance (7.5m).
- Perform a long barrier moving into position to scoop up the ball.
- Perform a long barrier in a game situation moving towards the ball.
- Hit a ball using a rounders bat and begin to place it in a space.
- Use a variety of batting and fielding skills and work confidently within a team.

All children will have the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

### Vocabulary

Strike	Innings
Field	Run out
Under arm	Stumped
Over arm	Long barrier
Special awareness	
Batter	
Bowler	
Fielder	

### Resources

Rounders bats  
Tennis balls  
Rounders balls  
Cones  
Hoops