

## National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

## Series of Lessons

- Develop participants ability to send and receive a netball
- Create an understanding of the travelling rule in netball
- Develop the correct pivoting technique
- Develop the correct shooting technique
- Understand how to defend and when to intercept
- Play a competitive match
- Develop efficient use of communication with their team

PE



Netball

Year 5

## Unit Outcome

Children will learn different passing, shooting and defending techniques. They will know the basic netball skills and rules, applying it into a match.

Then demonstrate their understanding through the teach, coach, do strategy.

## Curriculum Progression

The children will be taught to:

- Use the correct passing and moving techniques to maintain control of the ball.
- Use efficient passing techniques to move the ball with speed and accuracy.
- Use the correct shooting technique.
- Use the correct skills and communication to participate in a match.
- To be able demonstrate and teach with confidence.

All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

## Vocabulary

Passing	Travelling
Moving	Contact
Shooting	
Defending	
Attacking	
Block	
Bounce pass	
Chest pass	
Shoulder pass	

## Resources

Netballs  
Cones  
Hoops  
Bibs  
Netball hoops