

National Statutory Requirements

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

- take part in outdoor and adventurous activity challenges both individually and within a team.
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Series of Lessons

- Work as a team to complete a task.
- Work in small groups to develop problem-solving skills.
- Solve a range of problems when working with others.
- Communicate effectively when working with others.
- Give, and follow, a set of clear directions.
- Follow simple maps.
- Understand the skills of map orientation.
- Use symbols to map an area of the school.
- Follow a map with increasing accuracy and confidence.

PE



OAA

Year 4

Curriculum Progression

Children will be taught to:

- Accurately follow instructions given by a peer and give clear and usable instructions to a peer.
- Confidently communicate ideas and listen to others before deciding on the best approach.
- Plan and apply strategies to solve problems.
- Identify key symbols on a map and use a key to help navigate around a diagram/map.

The above skills will be developed using a variety of orienteering and team building activities. All children will be given the opportunity to self and peer evaluate performances, developing their key vocabulary whilst doing so.

Unit Outcome

To know key map symbols and use these to orientate themselves around a known area.

Vocabulary

Communication	Map
Coordination	Position
Verbal	Orienteering
Non-verbal	Orienteering
Instruction	Symbol
	Features

Resources

- Planning/overview
- Mapping sheets
- Resources as stated in individual plans
- Maps/symbol cards
- Playground